

Training & Instruction Schedule

- You will receive a demonstration of how to get on and off and how to operate a Segway safely.
- You will receive one to one tuition to make sure that you and we feel that you can control the Segway safely.
- You will be then be led by Les or Anne through a level training area, around cones to the slope training area where you will be instructed how to ride on sloping ground and then you will practice going up and down the slope.
- You will be then be led by Les or Anne on a tour of the site where its different elements will be pointed out to you and instructions will be given on how to ride safely over and around different ground conditions and features.
- During and at the end of the tour you will be told how the Segway will act and re-act if it is ridden incorrectly and how to avoid unsafe situations.
- Once the tour is complete you will be reminded of safe riding techniques before being allowed to explore the designated routes around the site.
- You will be reminded that following the tour you will not be closely supervised and that you understand that you accept responsibility for your own safety and for the safe operation of your Segway.
- If you are accompanying a child (12 to 15 years old) on the session you will be reminded that the child will stay on the training (slower) mode for the session and will not be able to travel as fast as the adults. You or another responsible adult in your group must always ride close by them at their pace. You are responsible for their supervision and must ensure that they are riding safely and complying with the instructions given by Les and Anne.

In signing this sheet you are confirming that you understand that the above schedule will be followed and that you will pay full attention to all that you are being told for your own safety and for that of others.

Name Signed Date

After you have completed your training and the tour :

In signing this sheet for a second time you are confirming that you have now completed the above training and instruction programme including safety advice and that you understand and will comply with all that you have been told and that you accept the risks involved and will be responsible for your own activities and actions.

Name Signed Date